NEWINGTON HIGH SCHOOL ATHLETICS



FALL SPORT REGISTRATION Fall sports begin on Thursday, August 27, 2020 (Football begins 8/17)

ALL DATES ARE SUBJECT TO CHANGE BASED ON GOVERNOR'S GUIDELINES UPDATES WILL BE PROVIDED ON <u>www.newingtonathletics.com</u> AS NEEDED.

WHAT DO I NEED TO DO?

> CHECK YOUR ELIGIBILITY

1.) Academic Eligibility:

- Student-athletes must have earned FOUR (4) credits towards their graduation requirements during the previous school year.
- The <u>Y1 grade</u> is the standard, not the 4th quarter grade.
- All students entering 9th grade are eligible for the start of the fall athletic season.

2.) Physical Eligibility:

- For a fall sport, a physical must be from <u>September 17, 2019 or more recent</u> **and** be on file with the nurses' office PRIOR to Wednesday, August 12th for Football and Monday, August 24th for all other sports. Forms should be mailed to: Newington High School, ATTN: Nurse, 605 Willard Ave, Newington, CT 06111
- You must use the State of Connecticut Health Assessment Record 'HAR-3 Rev. 4/2012' (blue form) for a physical. It is available at the high school, your doctor's office, or on the Newington Athletics website.
- The physician must 'check' the box on that blue form that states, "This student may participate fully in athletic activities and competitive sports."
- Please be sure to make a copy of the physical for your own records

I AM ELIGIBLE, WHAT'S NEXT?

ALL 3 ITEMS BELOW MUST BE COMPLETED BETWEEN AUGUST 3–AUGUST 24, 2020 (SUBJECT TO CHANGE)

(Football registrations must be completed by August 12, 2020 to start on time)

1.) ONLINE REGISTRATION

- Visit <u>www.newingtonathletics.com</u> and click on the "Registration" tab at the top.
- Click on "Fall Sport Online Registration," which will direct you to the online registration.
- The online registration is complete when you click the blue "Submit" button on the last page.
- Any registrations received after August 12th or 24th may result in a late start.
- Registration status can be found under the "Registration" tab on www.newingtonathletics.com

2.) Physical:

• To be eligible, student athletes must have a valid physical on file, dated after September 17, 2019, with the NHS nurses' office, by Wednesday, August 12th for football participation or by Monday, August 24th for all other sports. **Physicals turned in after the deadline will result in a late start.**

3.) Participation Fee:

- A check for \$100.00 (One hundred dollars) made payable to: *Newington Athletic Fund.*
- Must be turned in on the 1st day of practice. Online option may become available.
- If student does not appear on regular season roster, checks will be shredded.
- Checks will be deposited after the first day of competition, September 24, 2020.

If you have any questions or concerns, feel free to visit or call the athletic office (860)666-5611 x1620.