



# NEWINGTON HIGH SCHOOL ATHLETICS

## SPRING SPORT REGISTRATION

*Spring sports begin Saturday, March 16, 2019*

### WHAT DO I NEED TO DO?

➤ **CHECK YOUR ELIGIBILITY**

**1.) Academic Eligibility:**

- Student-athletes must have passed **FOUR (4)** classes that meet every day during the second quarter.

**2.) Physical Eligibility:**

- For a spring sport, a physical must be from February 16, 2018 or more recent **and** be on file with the NHS nurse prior to Tuesday, March 13th.
- You must use the State of Connecticut Health Assessment Record 'HAR-3 Rev. 4/2012' (blue form) for a physical. It is available in the NHS main office, NHS nurses' office, your doctor's office, or on the Newington Athletics website.
- The physician must 'check' the box on that blue form that states, "This student may participate fully in athletic activities and competitive sports."

**NHS Sport Physicals:**

Newington High School offers sport physicals in the nurses' office, if you do not have health insurance or are otherwise unable to get a physical from your own provider. Student must have written parent permission with them the day of the physical in order for it to be performed.

- Physical Date: Wednesday March 6, 2019
- Students must sign up in the nurses' office by Wednesday February 27, 2019

### I AM ELIGIBLE, WHAT'S NEXT?

➤ **ALL 3 ITEMS BELOW MUST BE COMPLETED BETWEEN FEBRUARY 20- MARCH 13, 2019**

**1.) ONLINE REGISTRATION!**

- Visit [www.newingtonathletics.com](http://www.newingtonathletics.com) and click on the "Registration" tab at the top.
- Click on "Spring Sport Online Registration", which will direct you to the online registration.
- The online registration is complete when you click the blue "Submit" button on the last page.
- **Any registrations received after Wednesday, March 13th will result in a late start.**
- Registration status can be found under the "Registration" tab on [www.newingtonathletics.com](http://www.newingtonathletics.com)

**2.) Physical:**

**3.)** To be eligible, student athletes must have a valid physical **on file with the NHS nurses' office**, dated after February 16, 2018, by 12 pm, on March 13th.

**4.) Participation Fee:**

- A check for \$100.00\* (one hundred dollars) made payable to: *Newington Athletic Fund*
- Must be turned in to the Athletic Office by March 13th to start on time. **Fees turned in after the deadline will result in a late start.**
- Student-athletes participating in a third sport this academic year (fall, winter, and spring) will have the participation fee waived for the spring sport. **PLEASE MAKE ATHLETIC DEPARTMENT AWARE OF IT BEING THE 3<sup>RD</sup> SPORT**
- If student does not appear on regular season roster, checks will be shredded.
- Checks will be deposited after the first day of competition (03/30/19).

**Please see reverse side of this paper for information on pre-season sport meetings held by each coach. If you have any questions or concerns, feel free to visit or call the athletic office (860)666-5611 x1620.**